

Doctor Discussion Guide



Share the impact of your generalized myasthenia gravis (gMG)

Complete this guide before your next appointment and use it to help discuss your gMG symptoms as well as treatment options available.

1) Since your last visit, how often have you experienced problems with the following?

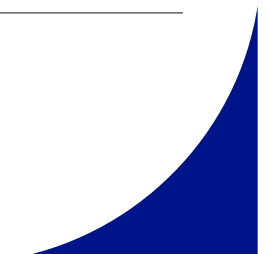
| | Never | A few times a month | A few times a week | Daily |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| Talking | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Chewing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Swallowing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Breathing | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Impairment of ability to brush teeth or comb hair | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Impairment of ability to arise from a chair | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Double vision | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Eyelid droop | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

2) Since your last visit, how often have your gMG symptoms disrupted your professional or personal life?

| | Never | A few times a month | A few times a week | Daily |
|---|-----------------------|-----------------------|-----------------------|-----------------------|
| Missed work/school or inability to do work/schoolwork | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Quality of work/schoolwork was affected | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Unable to participate in social events or hobbies | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Inability to care for children/family | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Increased feelings of sadness or distress | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Negative impact to personal or professional relationships | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

3) What changes have you needed to make in order to complete daily activities?

4) What are your personal goals when it comes to gMG symptoms and treatment?



Questions you may want to ask your doctor

Your doctor is a medical expert, but you are the expert on how gMG affects your day-to-day life. Preparing questions to ask about gMG and your treatment can help you make the most of your next appointment.

Below are some examples of questions to ask your doctor.

General questions:

- What symptoms should I look for?
- What should I do if I notice a new symptom?
- How will I know if any new symptoms are related to gMG?
- How can I stay updated about ways to better manage my gMG?
- Are there other things that can support my overall health while living with gMG—for example, diet or exercise?

Treatment questions:

- What treatments are available that may benefit me?
- What types of gMG do they treat?
- How are these treatments given?



Make a note of any questions you'd like to discuss.

The information on this page is intended as educational information for patients and their healthcare providers. It does not replace a healthcare provider's independent medical judgment or clinical diagnosis.